



WORLD KARATE ZOOM CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 pm	NO BELTS** Zoom ID 415 708 273	GREEN & BLUE/BLUE SR. Zoom ID 155 259 175	TOTS (3-5yrs) TINY TIGERS Zoom ID 280 191 296	ADVANCED (RED/BROWN/BLACK) Zoom ID 865 698 496	WHITE/YELLOW Zoom ID 792 111 459	9:30 TOTS Zoom ID 645 033 258
6:00 pm	WHITE/YELLOW Zoom ID 792 111 459	KIDS BJJ	WHITE/YELLOW Zoom ID 792 111 459	KIDS BJJ	NO BELTS** Zoom ID 415 708 273	10:00 am GREEN, BLUE, BLUE SR & ADVANCE SPARRING
7:00 pm	ADVANCED (RED/BROWN/BLACK) Zoom ID 865 698 496	JIU JITSU	ADVANCED (RED/BROWN/BLACK) Zoom ID 865 698 496	JIU JITSU	GREEN & BLUE/BLUE SR. Zoom ID 155 259 175	11:00 BO
						11:30 CHUCKS
8:00 pm	JIU JITSU	CARDIO* Zoom ID 574 812 194	JIU JITSU	CARDIO* Zoom ID 574 812 194		12:00 pm NO BELT
						12:45 WHITE/YELLOW

** No Belt class is also open online for the entire family! Now's your chance to try it in the comfort of your own home! Must fill out the [trial membership form](#) (see note above). Tell your friends/neighbors/extended family we can offer them a FREE trial!

- Only 1 [form/waiver](#) needed (check the desired boxes) for new family members